

A Free Monthly Newsletter  
From Your Friends At  
*Ambassador Auto Repair*  
15167 Fraser Highway  
Surrey, BC V3R 3P2  
604-589-9336



## What's Inside?

- Mom Trivia -
- How To Safeguard Your Money When Traveling -
- The Secret Language Of Flowers -
- Baseball's First Perfect Game -
- May Events -
- Money Saving Offers -
- & Much More!



## *What's The Answer?*

*Who Is Denton T. 'Cy' Young?*

*Why Is May The Commitment Month?*

*How Many Cubic Feet Of Air Do Humans Breathe Every Day?*

*What Was The Greek Goddess Eileithyia Known For?*



*The Answers To These And Many  
More Questions Are Inside*



May

# FUEL for THOUGHT™

2013

A Free Monthly Newsletter From Your Friends At Ambassador Auto Repair

## Neat Trivia About Moms

If you're trying to make conversation at Mother's Day dinner this year, try sprinkling some of these facts into the discussion:

- One of the earliest celebrations of mothers in recorded history comes from ancient Greece, when a spring festival was dedicated to Rhea, the mother of the gods.
- A Russian woman in the 18th century is said to have given birth to the most children. She was the wife of Feodor Vassilyev, and she produced a total of 69 children, including 16 pairs of twins, seven sets of triplets, and four sets of quadruplets. Of those, 67 are said to have survived infancy.
- The first woman to give birth in the White House was Martha Randolph, daughter of President Thomas Jefferson, on Jan. 17, 1806.
- The first woman to give birth in an airplane was Mrs. T.W. Evans on Oct. 28, 1929, over Miami.
- In 340 B.C., Aristotle observed that dolphins gave birth to live young that were attached to their mothers by umbilical cords. For this reason, he considered dolphins and related creatures to be mammals. Biologists agreed with him 24 centuries later.
- Eileithyia was the Greek goddess of childbirth and the divine helper of women in labor (in other words, the goddess of labor pain).



## A Mother's Quote

"You never appreciate all of the things your mother did for you until you find yourself doing the same things for your own children."

- Unknown

## May Events

May 12th	Mother's Day
May 20th	Victoria Day
May 1-31	National Car Care Month



## Safeguard Your Money When You Travel

If you're planning your summer vacation right about now, you're probably worried about money. How much the trip costs is one issue, but a vacation can be even more expensive if your cash or credit cards get stolen while you're traveling. Here's some advice for keeping your funds safe:

- ♦ **Divide up your cash.** Don't carry a single wad of money in one pocket. Split it up and safeguard it in different locations on your body (or in whatever you're carrying with you). If one supply gets lost, you'll have more in reserve.
- ♦ **Have small bills ready.** Keep a stash of money in smaller denominations, singles and fives, at the ready so you don't have to flash a stack of twenties or fifties to buy a pack of gum. Keep larger bills secure at all times.
- ♦ **Watch your wallet.** Go through your wallet and take out anything you won't need on your trip, your library card or grocery store discount card, for example. A thinner wallet is easier to handle. And consider carrying a second wallet with a few dollars in it to hand over, or drop on the ground, in case you're threatened.



## Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to give us a call at

**(604) 589-9336 or email us at [ambautorepair@hotmail.com](mailto:ambautorepair@hotmail.com)**



# FREE

## Vehicle Inspection

Just Stop By:

We Will Check Your Lights, Battery, Wiper Blades, Tires & All Fluid Condition & Levels.

Expires 5/31/13

Most Cars And Light Trucks

Cannot be combined with other offers

Must present coupon

## ***Thank You! Thank You! Thank You!***

Special thanks go out to all of our clients and friends who graciously referred our shop to their friends and neighbors last month! Our business is built based on the positive comments and referrals from people just like you. We just couldn't do it without you.

**Arlen Rustamante**

## ***Maintain A File Marked 'Me'***

Your employers keep files on you for various purposes. Try keeping a file on yourself for your own benefit. Keep a record of all your major assignments, and successful projects. Don't include any proprietary or confidential information, but do highlight your career achievements as they occur. Over time, you'll develop a document that describes your progress and your career, which you can use to reinforce your own motivation and demonstrate your expertise when you're looking for advancement or other opportunities.



## ***The Secret Language Of Flowers***

Flowers are lovely to look at, but they communicate more than beauty. Some have specific meanings behind them. Here's what you can express to a friend or loved one by choosing just the right flower:

- \* Carnation: constancy, joy
- \* Chrysanthemum: optimism, hope, happiness
- \* Daisy: purity, loyalty, innocence
- \* Freesia: trust
- \* Gladiola: remembrance
- \* Iris: faith, wisdom, promise
- \* Larkspur: appreciation
- \* Lily: devotion
- \* Orchid: love, beauty
- \* Red rose: true love, desire
- \* White rose: true love, purity
- \* Yellow rose: friendship
- \* Pink rose: sweetness
- \* Tulip: love at first sight
- \* Snapdragon: virtue



## ***Renew Your Commitment In May***

Jan. 1 is the traditional day for a fresh start. No doubt, like lots of people, on New Year's Day you probably vowed this will be the year you get in shape, finish that novel, renew old acquaintances, spend more time with your family, get that promotion, and so forth. And no doubt, like most people, you were probably soon back in the same old routine, resolutions forgotten.

This is your chance to try again. May is National Recommitment Month, the perfect opportunity to give those resolutions a second shot and to review your progress on those you've been working toward.

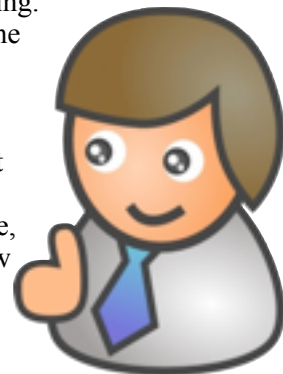
Review your goals for the year and see where you stand. If you're on track, it's time to reinforce your ongoing effort with a little celebration. If you've still got a long way to go, or even if you have to start all over again, enlist some support from friends, and remind yourself that the year's end is still months away and success is still within your grasp.



## ***Without A Sound: Get Through To People With Nonverbal Cues***

Your nonverbal communication can speak as loudly as your words can, if not more. To make a positive impact on the people around you, focus on these behaviors:

- ✓ **Smile.** You'll send the message that you're friendly and open.
- ✓ **Keep your arms open.** Crossing your arms makes you look closed to conversation and new ideas.
- ✓ **Lean forward.** Moving forward just a little (not so far that you're intruding on personal space) signals your interest in what others are saying.
- ✓ **Listen to your voice.** Your tone can reinforce your words, or undercut them. Pay attention to whether you sound harsh, inviting, or indifferent without meaning to.
- ✓ **Make eye contact.** Don't stare, but meet people's eyes to show your attention and interest.
- ✓ **Nod.** A quick nod tells people you want to hear more.



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Give Us A Call At (604) 589-9336  
And Ask About Joining Our  
Royalty Rewards Program!**



***Royalty Rewards is a  
great way to keep  
your vehicle running  
great all year!***



## ***Congratulations To Our Client Of The Month!***

Every month, we choose a very special client of the month. It's our way of acknowledging our great clients and saying thanks to those that support our business with referrals and repeat business.

This month's Client of the Month is

**Matt Falkner**

## ***Did You Know That...***

- ➔ Each day we breathe about 23,040 times and move around 438 cubic feet of air?
- ➔ A human has 5 million olfactory cells, but a sheepdog has 220 million and can smell 44 times better than a human.
- ➔ A sneeze travels 85 percent the speed of sound.
- ➔ A dinner guest once smothered to death under a shower of rose petals at a party thrown by Nero in ancient Rome.
- ➔ That humans have about 10,000 taste buds, rabbits have about 17,000 and cows have about 25,000.
- ➔ Our taste buds wear out every week to 10 days and are replaced but at a slower pace once we hit our mid-40s.
- ➔ When humans taste things it works like this: We taste sweet things on the tips of our tongues, bitter things at the back, sour things on the sides and salty things all over the surface.



## ***Thanks For The Kind Words***

Thanks again Phil - your customer service is **EXTRAORDINARY!** You've given a whole new meaning to "Put a smile on your face, Ambassador is a full service place."

Love,  
**Miriam Evers & Howard Staples**

## ***Baseball's First Perfect Game***

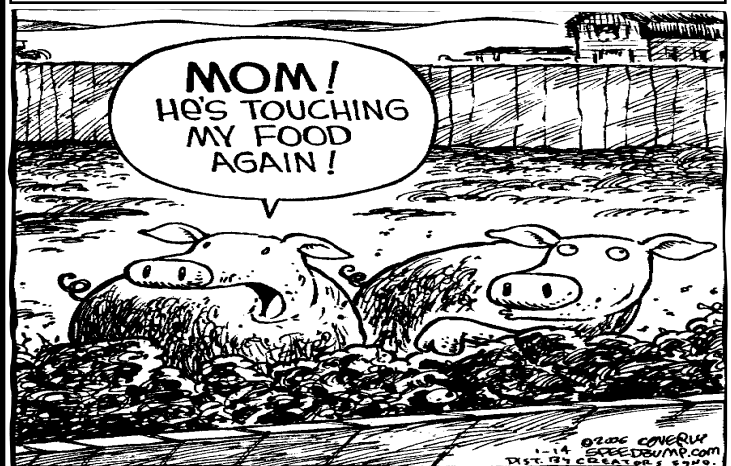
On May 5, 1904, Denton T. "Cy" Young pitched baseball's first perfect game, not allowing a single opposing player to reach first base. Young led the Boston Americans in a 3-0 victory over Philadelphia in the American League. The Cy Young Award for pitching is named in his honor.



Happy Mother's Day to all you mothers out there. To all the mothers who still have younger ones at home and you are trying to be a super mom. And then there are the mothers whose children are leaving the nest, some of you will be happy and some will really feel the empty nest syndrome. My wife felt that the most. Then there are most of the grandmas out there who can sit back, relax and enjoy the fruits of motherhood. To all of you mothers once again, Happy Mother's Day!

Just to let you know that we have found a place to stay. From Fraser Heights to Boundary Park near 64th Ave. and 122st. It will be quite a change as we will be living in a basement suite, first time ever. Now we will know how others feel with noise from above us, and not the crows banging on the roof. This is only temporary (3 months to a year) as we wait for a permanent place to purchase.

~Dr. Phil



The material contained in this newsletter is for informational purposes only and is based upon sources believed to be reliable and authoritative; however, it has not been independently verified by us. This newsletter should not be construed as offering professional advice. For guidance on any specific matter, please consult a qualified professional. ©2013 CMG

## ***Mother's Day Special!***

Most Cars And Light Trucks.  
Synthetic Oil Not Included

Come In This Month To Get  
An Oil Change, Lube & Filter  
PLUS 27-Point Inspection, All  
Fluids Checked & Topped-Off  
& A Tire Rotation!

**ONLY  
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Expires 5/31/13  
Must Present Coupon  
May not be combined with  
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