

A Free Monthly Newsletter From Your Friends At Ambassador Auto Repair

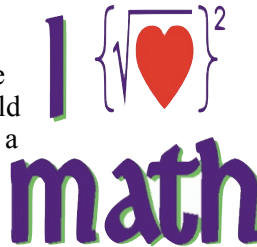
Achieve The Impossible

What could you achieve if you didn't know what was impossible? Mathematician George Dantzig found out as a graduate student at UC Berkeley in 1939. Walking into a class late one day, he saw two statistics problems on the blackboard. Assuming they were a homework assignment, Dantzig copied them down and spent several days working on them. They seemed more challenging than usual, but after a few days he came up with the solutions and handed his paper in.

That's when he found out that his professor had written the problems on the board as examples of two of the most famous unsolved problems in the field of statistics.

Dantzig's solutions appeared in mathematical journals. One year later, when talking to his prof about possible subjects for his thesis, the professor told him to simply put the two problems in a binder and submit them as is.

The story has been retold many times as an example of positive thinking; a version of it was adapted for an opening scene in the movie Good Will Hunting.



Get On The Green Bandwagon

Retailers are beginning to love St. Patrick's Day. They're selling more than green beer and bagels. You could get a St. Pat's T shirt, a green hat, green socks (for the more conservative), a CD of Irish music, or a cookbook of traditional Irish meals.





Driving the interest is the large number of non-Irish celebrating the holiday. About 110 million consumers will mark St. Patrick's Day this year by doing such things as wearing the green at work or dining at an Irish pub.

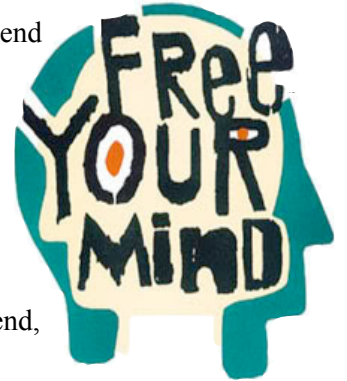
One reason it has become so popular: St. Patrick's Day gives people a chance to have a good time at parades, at work, and at evening celebrations. Remember that old saying, "Everybody's Irish on St. Patrick's Day!"



Try A Little 'Spring Cleaning' For Mental Health

Sweep out the cobwebs in the attic. Clean out the junk in the garage. And while you're at it, don't forget the cobwebs and clutter in your mind and soul. Try these suggestions for some inner spring cleaning:

-  Turn off the television. Limit your TV watching to concentrate better on what's going on around you. Read, spend time with friends, or just enjoy the quiet.
-  Let go of anger. Complaining or venting anger to a sympathetic friend can sometimes make things worse. Don't repress your emotions, but concentrate on constructive responses.
-  De-stress. Find a time every day to back away from stress. For example, use the time when brushing your teeth at night to acknowledge anything negative experienced that day. Then focus on relaxation and peace.
-  Check your attitude. We spend lots of time in the morning primping to look good the day. But few of us take time to mentally prepare for the day. Ask yourself one question as you get ready to meet the world: What kind of employee, or parent, or friend, do I plan to be today?



Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to give us a call at

(604) 589-9336 or email us at ambautorepair@hotmail.com

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Thank You! Thank You! Thank You!

Special thanks go out to all of our clients and friends who graciously referred our shop to their friends and neighbors last month! Our business is built based on the positive comments and referrals from people just like you. We just couldn't do it without you.

Joy Youssef

New Light On The Horizon

Let there be light! said a group of researchers at Wake Forest University, and there was light or at least a new kind of light bulb. The FIPEL (field-induced polymer electroluminescent lighting technology) illuminates with a soft, white glow, and doesn't produce the hum and yellow tint of fluorescents nor the sharp, bluish hue of LEDs.

The advantages? FIPELs are said to be twice as efficient as compact fluorescent lights without any of the environmentally harmful elements of CFLs. They can be molded into bulbs, sheets, and panels for lighting that's less obtrusive. Popular Science magazine estimates that FIPEL light could be available to consumers next year.

What Day Is Easter This Year And Why?

Easter, the Christian celebration of the resurrection of Jesus Christ, falls on March 31 this year. But why does the date change from year to year?

In the year 325, the First Council of Nicaea ruled that Easter would be celebrated on the first Sunday after the first full moon following the spring equinox; the equinox usually falls on March 20 in the northern hemisphere.

That puts Easter anywhere between March 22 and April 25. Early Christians wanted Easter always to fall after the Jewish Passover, which was determined according to solar and lunar cycles.

According to the Wikipedia website, under the Gregorian calendar Easter can fall on 35 possible dates. The last time it was celebrated on its earliest potential date, March 22, was in 1818, but it won't come on that date again until 2285. Easter won't come on the latest potential date, April 25, until 2038.

The Dreaded Fruit Fly... Help Keep This Pest Away

Fruit flies are pesky critters that can show up in the kitchen any time of the year. They feed on microscopic yeasts found on fruits and other foods and lay their eggs there. Using insecticides to get rid of them is (ahem) fruitless unless you get rid of whatever attracts them. Here are some ways to keep them at bay:

Keep your kitchen clean, and make sure you close the tops of garbage bags. Keep in mind that fruit flies also love dirty mops and dish towels.

Throw away trash often, including recyclable food containers.

Try to buy unblemished fruits and store them in the refrigerator, if possible.

Wash bananas (a fruit fly favorite) with warm water and detergent. Also seal tomatoes and avocados in a plastic or paper bag to ripen.

Scrub areas near the sink and under the fridge, targeting rotting produce and spilled juice.

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Protect Your Pet Against Poisoning

If your pet becomes injured or poisoned, you must be prepared. First, learn your vet's recommendations and procedures. Keep the numbers for your vet, the ASPCA's Animal Poison Control Center, and a local emergency vet's number by the phone.

You'll also want to have a pet safety kit prepared with the following items:

A fresh bottle of hydrogen peroxide.

A can of soft dog or cat food (whichever is appropriate for your pet).

Saline eye solution to flush your pet's eyes if necessary, and artificial tears to lubricate the eyes after flushing.

Mild dishwashing detergent to wash your pet's skin if necessary.

Rubber gloves.

Tweezers.

A muzzle, excited pets bite sometimes.

A pet carrier.

Only Don't Let This Offer Blow By You.

\$99.95

Flush Out That Old Contaminated Fluid With A Cooling System Flush!

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Congratulations To Our Client Of The Month!

Every month, we choose a very special client of the month. It's our way of acknowledging our great clients and saying thanks to those that support our business with referrals and repeat business.

This month's Client of the Month is

Kat Tuason

Another month has slipped by and on the 20th is the First Day of Spring. On the Lemon Cleanse Fast I was on, I lost 26 lbs. in 21 days. I was back to the same weight as when I got married. On my trip up north to Dease Lake (to help my son move there) we drove to Prince George which took 9 hours, and the next day it took 12 hours to Dease Lake. It was a long trip. Spent Friday evening and all day Saturday until I am unpacking and setting up and then left Sunday at 7AM to come back home. My son Steve had a rash on his neck and i was very sore. Found out Monday that he had the shingles, so now is under medication for that. The road was paved, but very slushy and used over 6 containers of washer fluid. On the way back, the wipers were giving me trouble and the transmission started making some noises. Made it back Monday night, but now need another transmission and need to repair the wipers. It's good that I know of a good auto repair shop to take it to. All in all it was a good trip.






We decided to downsize our house, as it is too big for the 2 of us. Had it sold in 2 weeks and now will be homeless in May. It will be interesting to see what this month has in store.

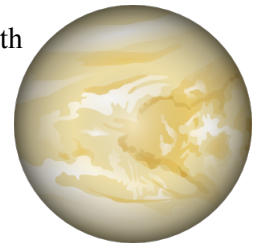
We had 16 new clients this month, so welcome on board and hopefully you will consider part of your family

- Dr. Phil

Venus And Earth's Similarities And Differences

Venus, the second planet orbiting our sun, is unique in many ways. Although we probably won't visit its surface for a long time (if ever), here's what scientists and explorers could look forward to:

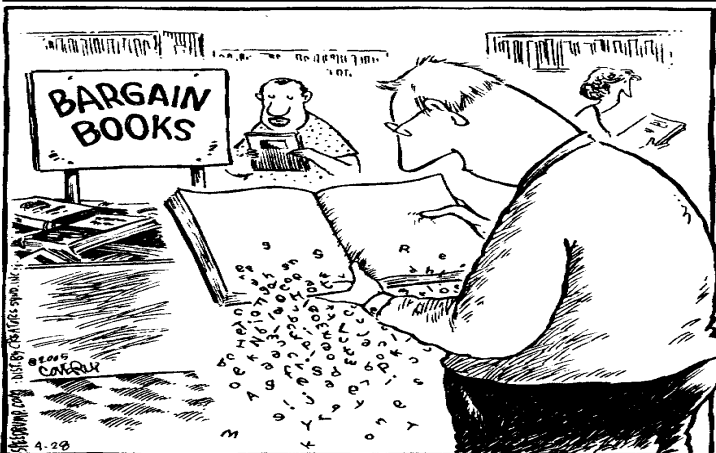
-  Volcanoes. Venus is home to more volcanoes than any other world in the solar system. Most Venusian volcanoes are dormant, but recent observations suggest that a few might be active.
-  Long days. Venus rotates extremely slowly, taking 243 Earth days from one dawn to the next. Its year is actually shorter than its day: Venus orbits the sun on a schedule of 224.7 Earth days.
-  High pressure. One challenge any expedition to Venus would pose is surface air pressure. It's 90 times the air pressure of Earth's surface, about the same as the pressure a half-mile beneath the ocean.
-  Wind. Winds are speedy and powerful on our planetary neighbor, reaching 450 miles an hour in its middle cloud layer, stronger than any tornado on Earth.
-  Resemblances. In spite of all these differences, Venus is in many ways Earth's closest twin in the solar system. We're similar in size and composition. Our surfaces are both relatively young in planetary terms, and we both have dense atmospheres with plentiful clouds, although Venus's clouds are mostly made of poisonous sulfuric acid.



Thanks For The Kind Words

"I like that you are friendly and that you got me in quickly."

- Laurie Tamminen



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